

The Benefit System Factsheet

There are various benefits and financial support available if you are looking for work, out of work, affected by redundancy, disabled or sick. Some of the key supports available are;

1. Universal Credit; is a benefit payment to help with living costs and is paid monthly. You may be able to get it if you're on a low income or out of work.
2. Jobseeker's Allowance (JSA) is to help you when you look for work. You may get Jobseeker's Allowance (JSA) if:
 - a. you're 18 or over (some exceptions if you're 16 or 17) and under State Pension Age
 - b. you're not in full-time education and
 - c. you live in England, Scotland or Wales and
 - d. you are available for work and you are actively seeking work and
 - e. you work (on average) less than 16 hours per week
3. Employment and Support Allowance is available if you are unable to work due to illness and/or disability.
4. Disability Living Allowance is a tax-free benefit for disabled people who need help with getting around outdoors, and/or personal care indoors, although this is in the process of being replaced by Personal Independence Payments.
5. New Enterprise Allowance could provide mentoring and a grant to help you start your own business. You may be eligible if you're over 18 and either:
 - a. you or your partner get Universal Credit, Jobseeker's Allowance or Employment and Support Allowance
 - b. you get Income Support and you're a lone parent, sick or disabled

For further details refer to the government website or citizens advice.

**Government
information**



**Citizen's
advice**

