Expectations and Consent

Agree, Disagree or Depends



If someone gets into bed with you it doesn't mean they are giving consent for sex



It could be one of the ways they are giving their consent, but it might not be, they might just be tired!

Getting into bed with someone does not give them the right to have sex with you. Or give you the right to have sex with them.

Consent is a continually thing based on what is happening in the moment. You need to keep checking in with each other to make sure you are both giving consent for everything that is happening.

When 2 people have consensual oral sex, it means they are both consenting for this to happen again in the future.



Consent needs to be given and received for what is happening in the present, not based on what has happened in the past.

Consent isn't given once, it needs to be given **and** received every time 2 people are doing something sexual together.

Someone can give consent for something but then choose not to give consent for it again or only to give consent for that thing sometimes. They shouldn't be made to feel bad for this.



People in a committed dating relationship don't have to send nudes to the other person whenever they ask.



Sending and receiving nudes is not a requirement of a committed relationship. Both people should have free choice and not feel pressured.

It's also important to remember that sending nudes of anyone, including yourself, under the age of 18 is illegal as it is child pornography.



Drinking alcohol puts someone at higher risk of sexual assault.



Statistically, drinking alcohol puts someone at higher risk of

- being sexually assaulted
- sexually assaulting another person

Alcohol isn't a reason to ignore or not need consent; consent is an essential part of sex. If someone cannot communicate or think clearly because they have been drinking then they are not able to give consent. And this should be respected.

If someone has been drinking and feels they are not able to listen to and respect another person's wishes, they should not be part of sexual activity.

Married people don't need to give and receive sexual consent from each other consent.



Long term relationships, including marriage, are not a free pass for sex any time.

Both people in the relationship need to give their consent every time sexual activity happens, this could be through words, body language and/or facial expressions.

No-one should feel pressured or forced to do anything sexual that they don't want to do; forced sexual activity is sexual assault, even if it happens in a marriage.

Watching porn influences people's ideas about sex and consent.



In online porn sexual consent is not often shown as part of sex.

A lot (not all) of porn shows violence and aggression as part of sex, often showing a lack of consent as sexy or desirable.

These examples of sex can affect people's understanding of consent in real life sex and their seuxal behaviours, especially if they use porn to learn about how to have sex.